

Autumn 2022

The

Unity

Messenger



Unity Church of Peoria
3127 N Avalon Place
(mailing: 3117 N Avalon
Place, Peoria 61604) ●

Lines from Linda:

During October and November we are exploring the basic Unity book: "Lessons in Truth" by H. Emilie Cady during our Sunday morning services. Books are available at the church.

Hitherto we have believed that we were helped and comforted by others, that we received joy from outside surroundings, but it is not so. All joy and good spring up from a fountain within one's own being, and if we knew this "Truth," we should know that because "Spirit Universe" within us is the fountain out of which springs all our good, nothing that anyone says or does, or fails to do or say, can take away our joy and good. H. Emilie Cady

Often human beings give this good away by denying its presence within us. We seek our joy and good in the outer edges of our existence, rather than within. The outer seems to be transient and we search for good that will bring us joy. Within our mind, heart and physical being is all joy and good waiting to be released into our daily lives. Open up and allow the joy and good to be manifest in and through you. Life is an inside job.

UNITY OF PEORIA

PURPOSE STATEMENT

*Honoring Oneness,
celebrating life,
and expressing love*

MISSION STATEMENT

*Being all God
created us to be.*

VISION STATEMENT

*Creating heaven on earth
through the oneness of mind,
body and spirit.*

BOARD OF TRUSTEES

Teresa Barnard, President

*Rogers Harry O'kuru,
Vice-president*

Diane Jordan, Secretary

Christy Egart, Treasurer

Linda Foreman, Minister/CEO

You are invited to attend
Board Meetings held each third
Sunday of the month at 12:30pm
in Fellowship Hall!

In this newsletter...

Page 1 Lines from Linda

Page 2 Unity Happenings

Page 3-4 From the thoughts...

Page 5 Thanksgiving Potluck

Tuesday Morning Class 10–11:30 am

The Third Jesus—The Christ we cannot ignore

Deepak Chopra

Join in the video viewing and discussion of the
book contents as all are welcome.

Sunday Morning movie viewing 8:00—?

We are not watching movies just for the sake of “watching movies.”

We are watching movies that will help us grow in some way.

Movies that will help change our consciousness and ultimately get
us out of heads and back into our heart.

Join us any Sunday



Unity's WELL OF ABUNDANCE

"Ask and you shall receive."

WE ARE GRATEFUL FOR...

We are very grateful for your financial support during this
unusual time, each offering is appreciated.

Gratitudes to Barb Carlson and Christy Egart for
maintaining the cleanliness of our buildings.

Even though Rev. Linda is on half salary now for half-time work she
is your best contact person for church activities and business.

Rev's cell 309 253 6443 Office 309 682 8554

Leave messages and your call will be answered.

From the thoughts of Lisa Carias:

Many of us define God differently. I was part of a spiritual community in California who called God “God”, “Spirit”, “The Universe”, “Goddess”, “Mother, Father, God”. So, in saying this, I invite you to adapt whatever title is most familiar to you in your relationship with your higher power.

God is loud. God is very loud. All the time. The problem is most of the time in this day and age, we are so distracted by everything in our lives, that we tune out God’s voice. And everyone does this to a certain extent.

I’ve noticed that people especially in my age range have all the emails, text messages, phone calls, the TV binge-watching, the mindless numbing activities that are engaged in...we turn up the volume on the importance of participating in these and lose our mindfulness. We forget to be present; we forget to become grounded, and we fail to connect to Spirit.

For the longest time, I failed to have a relationship with Spirit in general. It wasn’t until I got into my previous spiritual home and eventually became a Spiritual Practitioner/Counselor that I really understood how I could even connect with God/recognize my oneness with the Universe and see how blessed I already was. Most importantly, what I realized is that the *Universe always provides*.

The Universe is always looking out for our highest good. Even if we feel like it isn’t, or we don’t feel like we deserve it. Events over time have really come to show me that I am truly blessed, and I have always been set up for success, even when life is challenging.

Growing up, I struggled with an eating disorder. I was told that I was going to die if I didn’t get treatment. I asked the Universe for help. I was given an opportunity to go to treatment and change my health, and today I am much healthier. For that I am so grateful.

I was previously married, and my ex-husband had an addiction problem. It was a very turbulent, scary situation. When I finally saw the opportunity to file for divorce, I was blessed with a wonderful woman who gave me a home for while I started over. Today, she is my best friend. Spirit showed me that I was being taken care of.

Continued from page 3

I prayed that I would find a person who could take care of me and love me in the way that I always wanted to be loved and cared for. Literally a week later, I met my partner. This is the healthiest one I've had in my entire life. We soon moved across the US to step closer to that dream of sharing a home together and starting a family.

God is funny. A lot of my examples have been me asking for things and God providing. But the Universe also shows us what we need to learn and experience right in that moment too.

Even though I have my partner, I also have felt lonely over the years since I have no living family left. I have always had issues asking for help. Recently I developed a gallbladder issue and felt even more isolated. I wasn't getting the care I needed, and I had to learn how to advocate for myself medically. I had to learn how to ask for help from other. In the end, I found all the providers I needed, but most importantly, I found a mother, a father, and a brother at Unity. I learned that I don't have to do everything myself. It's okay to ask for help. It's not something to be ashamed of.

Most importantly, I have learned that going to church is not about just appreciating /being mindful of God, the Universe, or whatever you want to call it. It is also about being aware of the blessings that you have, the gratitude that you have, and also realizing that you are magnificent in your own right. We are all one with God. We are all children of God. And being present in church is the chance to realize that. Building community is going to be one of the most important things that we can do in our lifetime, and what better way to do this?

With other people who are trying to achieve the same thing. The Universe provides love. And love will guide us always.

Thanksgiving

COME AND JOIN US

FOR OUR

THANKSGIVING POTLUCK

SUNDAY, NOVEMBER 20,

IMMEDIATELY FOLLOWING SERVICE.

BRING A DISH TO SHARE

WITH YOUR UNITY FAMILY

AS WE CELEBRATE THE SEASON,

AND GIVE SPECIAL THANKS

FOR ALL GOD'S MANY BLESSINGS.

